



MENTAL HEALTH FIRST AID CERTIFICATION TRAINING



WHAT:

8- hour certification training that teaches you common signs and symptoms of mental health and substance use challenges; how to interact with a person in crisis; how to connect a person with help; and content on trauma, substance use, and self-care.

WHO:

- Family Members
- Employers
- Police Officers
- Hospital Staff
- First Responders
- Caring Individuals

WHY:

Mental Health First Aid (MHFA) teaches you how to identify, understand, and respond to signs of mental health and substance use challenges.

WHEN & WHERE:



DATE
Saturday
December 9, 2023



TIME
9:00AM - 5PM



LOCATION
Best Self Behavioral Health, Inc.
768 Delaware Ave.
Buffalo, NY 14209



TO REGISTER OR FOR
INFORMATION, VISIT
[HTTP://TINY.CC/FNS9VZ](http://tiny.cc/fns9vz),
USE THE QR CODE OR
CALL TODAY!



jpirrone@namibuffalony.org



www.namibuffalony.org



716-226-6264